

Postpartum Visit Algorithm: Domestic Violence Screening

Remember the ABCs:



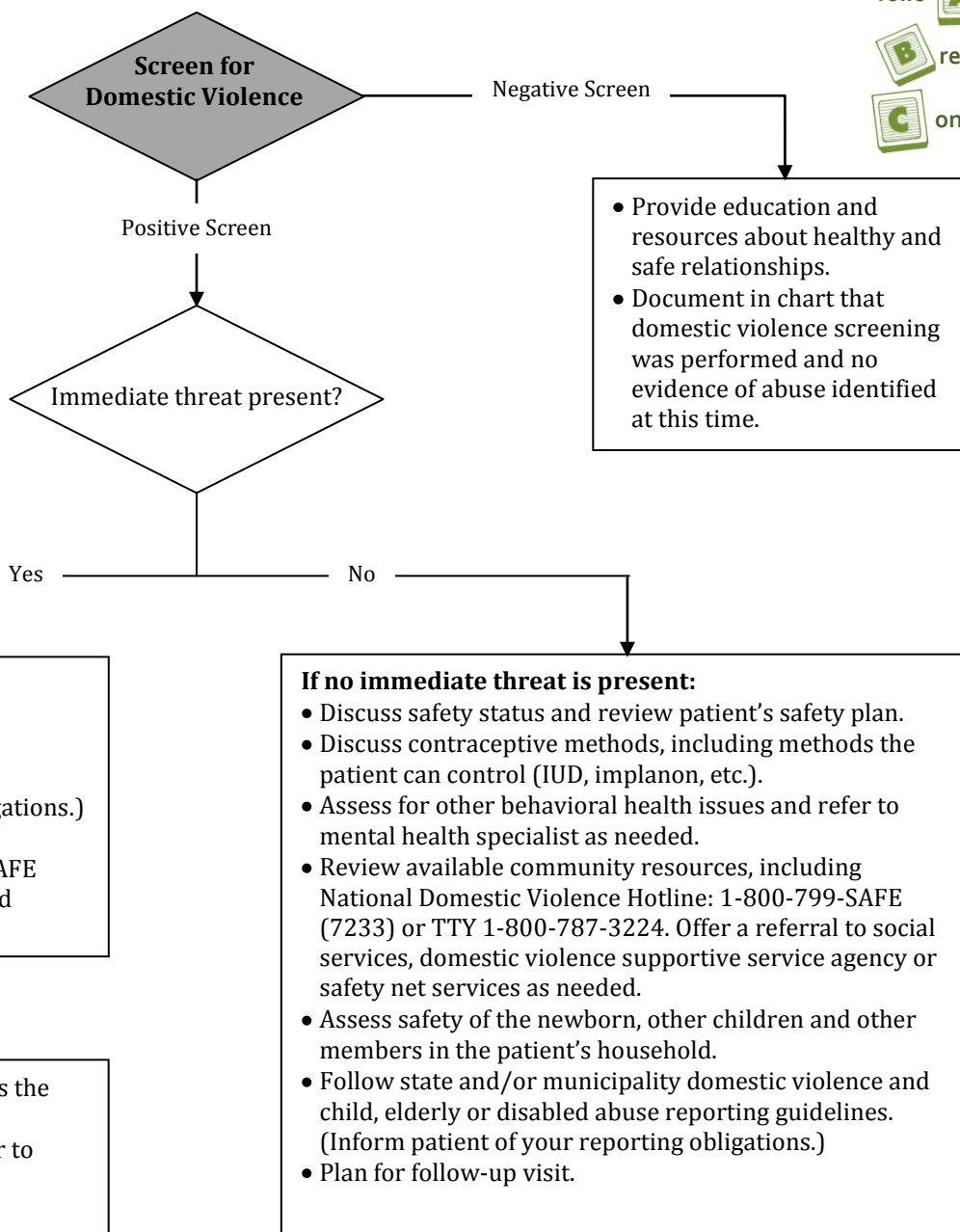
Domestic Violence Screening Statement and Questions:

Statement: "Because violence is so common in many women's lives and because there is help available for women being abused, I now ask every patient about domestic violence."

Questions:

1. Have you ever been emotionally or physically abused by your partner or someone important to you?
2. Within the past year, or since you've become pregnant, have you been hit, slapped, kicked or otherwise physically hurt by someone?
3. Within the last year, has anyone forced you to have sexual activities?
4. Does your partner interfere with your birth control or refuse to wear condoms?
5. Are you afraid of your partner or anyone else?

Positive screen = "Yes" response to one or more questions



EVERY DAY

Checklist for Healthy Women

Exercise – 30 minutes a day, 5 days a week

Vitamin – 400 micrograms of Folic Acid per day

Educate yourself about medicines and chemicals that can cause birth defects

Reproductive life planning – set your personal goals for birth control and future children

Yearly doctor visits to discuss physical and mental wellness

Diet – Vegetables, fruits, and whole grains daily

Avoid tobacco, drugs, and alcohol

Your partner, friends, and family should be sources of support

Content from everywomanocalifornia.org used with permission from the Preconception Health Council of California.

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